



Aristotle University  
of Thessaloniki  
Medical School



Hellenic  
Rhinologic Society  
Facial Plastic Surgery

# Thessaloniki Rhino Days 2022

## Programme

### International Cadaver Courses

Rhinoplasty

Endoscopic  
Sinus Surgery

26 27

MAY 2022

28 29

Anatomy Laboratory & Teloglion Arts Foundation,  
University of Thessaloniki



Under the Auspices of European Rhinologic Society  
European Academy of Facial Plastic Surgery





## Thessaloniki Rhino Days 2022

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## International Cadaver Courses May 26-29, 2022

### INFORMATION

#### Venue

Teloglion Arts Foundation

Theoretical Part, Lectures, Video sessions, Case presentations by experts & more

Address: Agiou Dimitriou street 159A, 54636 Thessaloniki

#### Venue

Laboratory of Anatomy

Address: School of Medicine, Aristotle University of Thessaloniki, 54124 Thessaloniki

FESS & Rhinoplasty hands-on sessions on fresh frozen specimens



#### Certificate

CME Credits

The International Cadaver Courses “Thessaloniki Rhino Days 2022”, Thessaloniki, Greece, 26/05/2022-29/05/2022 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with **31 European CME credits** (ECMEC®s).

In order to obtain your CME Credits, please complete the evaluation form, which will be available after the end of the event.

#### Website

[www.rhinodays2022.frei.gr](http://www.rhinodays2022.frei.gr)



## Thessaloniki Rhino Days 2022

### WELCOME LETTERS

#### Letter from the Rhinoplasty CO-Ordinator

Dear friends,

It's a great pleasure to invite you to the Thessaloniki Rhinoplasty Course on May 26-27, 2022.

There is no doubt that the functional and aesthetic surgery of the nose is a complex operation which requires a long learning period and will always be a challenge for every Otorhinolaryngologist, Plastic Surgeon and Maxillofacial Surgeon.

The programme has been elaborated in such a way that participants will learn the basic techniques and will be up-dated on the latest techniques of rhinoplasty. Dissection on fresh frozen specimens will provide training in surgical skills for the first 20 registered participants. Video sessions, case presentations and injectibles and fillers in and around the nose will be organized and discussed with the experts.

The course is held under the auspices of the European Rhinologic Society (ERS), the European Academy of Facial Plastic Surgery (EAFPS) and the Hellenic Rhinologic and Facial Plastic Society

Looking forward meeting you in Thessaloniki in 2022!



Rhinoplasty CO-Ordinator

**Jannis Constantinidis**

President of the European Rhinologic Society (ERS)

President of the Hellenic Society of ORL, Head & Neck Surgery



## International Cadaver Courses May 26-29, 2022

### WELCOME LETTERS

#### Letter from the Endoscopic Sinus Surgery CO-Ordinator

Dear colleagues and friends,

Rhinology and Endoscopic Sinus Surgery have been evolving with tremendous speed during the last three decades. From the minimally invasive techniques of the late 80's, we have been transferred to the radical techniques and extended applications of trans-nasal Neurosurgery and more. As expected, the demand for training in the endoscopic techniques is continuously growing. Hellenic Rhinologic Society has been enthusiastically contributing to this need, supporting the young Rhinologists, by organizing cadaver courses since 2005.

This is an international course, with renowned faculty from Greece and abroad, organized in co-operation with the 1st Academic ENT Department of Aristotle University of Thessaloniki, under the auspices of European Rhinologic Society. We decided to make it more interesting, by applying a few training elements, which have been tested in previous courses:

- We will try to meet the training needs of all participants, by tailoring their dissection plan according to their individual preferences (a questionnaire will be sent before the course).
- Ct-scans of real cases will be analyzed on trainees' own laptops and discussed.
- In the dissection demonstration, and in the lab training, the participants will familiarize themselves with the different applications of powered instrumentation.
- All lab stations will have image guidance.

Participants who will not manage to book a place in the lab, will enjoy an extra day of interesting practical lectures and video sessions, which will run parallel to the lab training.

Finally, we will all have the chance to enjoy a few days in the beautiful "Bride of the North", Thessaloniki, in warm May.

On behalf of the Hellenic Rhinologic Society- Facial Plastic Surgery, I take the pleasure to invite you to this course, which can be combined with the Rhinoplasty part, during the previous 2 days, for an interesting four-day Rhinology & Rhinoplasty educative experience!

We look forward to welcoming you in Thessaloniki.

Best wishes,



Endoscopic Sinus Surgery Co-ordinator

**Tim Terzis**

President, Hellenic Rhinologic Society- Facial Plastic Surgery



## Thessaloniki Rhino Days 2022

### Rhino Days 2022 | 26-29/05/2022 | Programme

THURSDAY, MAY 26		
TEOGLION ARTS FOUNDATION		
08.00-08.30	<b>REGISTRATION</b>	
08.30-08.40	<b>WELCOME - J. Constantinidis</b>	
08.40-13.00	<b>LECTURES</b>	
	<i>Moderators: P. Karkos - C. Georgalas</i>	
08.40-09.00	Applied nasal anatomy and physiology	Z. Tsinaslanidou
09.00-09.20	Preoperative evaluation and morphing	P. Lekakis
09.20-09.40	Incisions and approaches	P. Karkos
09.40-10.00	Importance of nasal septum in rhinoplasty	C. Georgalas
10.00-10.30	Hump and tension nose	E. Giotakis
10.30-11.00	<b>Coffee Break</b>	
	<i>Moderators: V. Pavlidis - lord. Konstantinidis</i>	
11.00-11.20	Deviated and crooked nose	lord. Konstantinidis
11.20-11.40	Asymmetric let down for the deviated nose	P. Lekakis
11.40-12.00	Bony Dorsum Management	G. Mireas
12.00-12.20	Major nasal dorsal augmentation: keep it simple and predictable	A. D'Souza
12.20-12.40	Supra perichondral dissection and tip ligaments management	J. C. Neves
12.40-13.00	How to manage the middle third after profileplasty	J. Constantinidis
13.00-14.00	<b>BREAK</b>	
14.00-16.00	<b>LECTURES</b>	
	<i>Moderators: P. Hellings – P. Lekakis</i>	
14.00-14.20	Tip Support Techniques	G. Mireas
14.20-14.40	Logical conservative strategy to achieve tip definition and support	J. C. Neves
14.40-15.00	Thin and thick skin in tip surgery	E. Giotakis
15.00-15.20	How to manage the droopy tip	J. Constantinidis
15.20-15.40	Stiff tip syndrome: important or irrelevant	P. Lekakis
15.40-16.00	How to correct the bulbous tip	V. Nikolaidis
16.00-16.30	<b>BREAK</b>	

RHINOPLASTY DAY 1



## International Cadaver Courses May 26-29, 2022

### Rhino Days 2022 | 26-29/05/2022 | Programme

THURSDAY, MAY 26			
16.30-18.30	TEOGLION ARTS FOUNDATION		
	LECTURES		
	Moderators: J. Constantinidis - E. Giotakis		
	16.30-16.50	Segmental preservation rhinoplasty, avoiding drawbacks and stigmata	J. C. Neves
	16.50-17.10	Management of thick nasal surface	A. D'Souza
	17.10-17.30	How to prevent and manage complications in rhinoplasty	V. Pavlidelis
	17.30-18.00	Dealing with septal perforations	C. Georgalas
18.00-18.30	Cleft lip rhinoplasty	P. Hellings	
FRIDAY, MAY 27			
08.00-09.00	TEOGLION ARTS FOUNDATION		LABORATORY OF ANATOMY
	Moderators: P. Lekakis, Z. Tsinaslanidou		
	Discussion of Techniques in Demo Live transmission from Lab		
	Dissection Demo closed approach Rhinoplasty approaches – Droopy tip, J. Constantinidis		
	Dissection Demo open approach Preservation rhinoplasty, J. C. Neves		
09.00-10.00			
10.00-13.00	Video Sessions - Workshops (Group 2)		Cadaver dissections (Group 1)
13.00-14.30	BREAK		BREAK
14.30 - 16.00	TEOGLION ARTS FOUNDATION		
	LECTURES		
	Moderators: J. C. Neves, G. Mireas		
	14.30-14.50	Ultrasonic Piezo Rhinoplasty	G. Mireas
	14.50-15.10	Injection techniques in the nose and perinasal area	A. D'Souza
	15.10-15.40	What I changed in the last 5 years to achieve better outcomes	P. Hellings
	15.40-16.00	Most useful grafts in rhinoplasty	V. Pavlidelis
16.00-16.15	Rejecting rhinoplasty patient	E. Prokopakis	
16.15-16.45	BREAK		
16.45-18.30	INTERACTIVE CASE PRESENTATIONS WITH VIDEOS – Revision Rhinoplasty		
	Moderators: A. D'Souza, J. Constantinidis		
	Participants: All Faculty		
	A. D' Souza, J. C. Neves, P. Hellings, P. Lekakis, G. Mireas, V. Pavlidelis, J. Constantinidis		



## Thessaloniki Rhino Days 2022

### Rhino Days 2022 | 26-29/05/2022 | Programme

SATURDAY, MAY 28		
	TEOGLION ARTS FOUNDATION	
08.00-08.30	WELCOME COFFEE - REGISTRATION	
08.30-10.30	SESSION 1	
	Moderators: <b>lord. Konstantinidis, E. Davies</b>	
08.30-09.00	Endoscopes- Cameras- Instrumentation- Power- Navigation- Theatre Setup	<b>B. Lanisnik</b>
09.00-10.00	Sinus anatomy - CT Scan - PreOp Checklist - Case Study Workshop (personal laptops)	<b>T. Terzis</b>
10.00-10.30	Epistaxis, ESPAL, AEA, Canthotomy/Cantholysis	<b>P. Karkos</b>
10.30-11.00	BREAK	
11.00-14.30	SESSION 2	
	Moderators: <b>T. Terzis - H.R. Briner</b>	
11.00-12.00	Tips & Tricks: Uncinectomy, Ethmoidectomy, Sphenoidectomy	<b>V. Papanikolaou</b>
12.00-12.30	Maxillary Sinus - Maxillectomy	<b>E. Prokopakis</b>
12.30-13.30	Frontal recess anatomy & terminology, mini trephine, frontal surgery, DRAF I, IIA,B,C,III	<b>E. Davies</b>
13.30-14.00	DCR, Orbital Decompression, Optic Nerve	<b>lord. Konstantinidis</b>
14.00-14.30	Complications in FESS	<b>H.R. Briner</b>
14.30-15.30	BREAK	
	TEOGLION ARTS FOUNDATION	
15.30-18.00	SESSION 3	
	Moderators: <b>J. Constantinidis, B. Lanisnik</b>	
15.30-16.00	Local Flaps in nose	<b>J. Constantinidis</b>
16.00-16.30	CSF Leak	<b>H.R. Briner</b>
16.30-17.00	Pterygopalatine FOSSA, VIDIAN	<b>E. Davies</b>
17.00-17.30	Pituitary Surgery	<b>B. Lanisnik</b>
17.30-18.00	Anterior & Posterior FOSSA Surgery	<b>C. Georgalas</b>

FESS DAY 1

FEESDAY 1



## International Cadaver Courses May 26-29, 2022

### Rhino Days 2022 | 26-29/05/2022 | Programme

SUNDAY, MAY 29			FESS DAY 2
	TEOGLION ARTS FOUNDATION	LABORATORY OF ANATOMY	
08.00-08.30	<b>WELCOME COFFEE</b>	<b>WELCOME COFFEE - PREPARATION OF LAB</b>	
08.30-10.30	<b>SESSION 1</b>		
	<i>Moderators:</i> <b>J. Constantinidis, E. Davies</b>		
08.30-09.30	Discussion of Techniques in Demo Live transmission from Lab	Dissection Demo, Cold Instrumentation <b>H.R. Briner</b>	
09.30-10.30		Dissection Demo, Power, <b>T. Terzis</b>	
10.30-11.00	<b>BREAK</b>	<b>BREAK</b> - Preparation of Trainees	
11.00-14.30	<b>SESSION 2</b>		
	<i>Moderators:</i> <b>T. Terzis - H.R. Briner</b>	<b>Trainees Supervision: All Faculty</b>	
11.00-12.00	Video Session: FESS Tips & Tricks, <b>E. Davies</b>	(Group A) Uncinectomy, MMA, Ethmoidectomy, Sphenoidectomy	
12.00-12.30	Video Session: Frontal Cases <b>T. Terzis</b>	(Group B) Uncinectomy, MMA, Ethmoidectomy, Sphenoidectomy	
12.30-13.00	Cases Presentation: Decisions in Rhinology	(GROUP A) ESPAL, Canthotomy, Orbital Decompression	
13.00-13.30	<b>E. Prokopakis, B. Lanisnik</b>	(GROUP B) ESPAL, Canthotomy, Orbital Decompression	
13.30-14.00	FESS and OLFACTION <b>Iord. Konstantinidis</b>	Dissection Demo, Skull Base <b>B. Lanisnik</b>	
14.00-14.30	CRS: When NOT to operate <b>H.R. Briner</b>		
14.30-15.00	<b>BREAK</b>	<b>BREAK</b>	
15.00-18.00	<b>SESSION 3</b>		
	<i>Moderators:</i> <b>C. Georgalas, J. Constantinidis</b>		
15.00-16.00	Complications and how to avoid <b>E. Davies</b>	(GROUP A) Frontal Recess, Frontal Sinus, DRAF 3	
16.00-17.00	Video Session: Skull base <b>C. Georgalas - H.R. Briner</b>	(GROUP B) Frontal Recess, Frontal Sinus, DRAF 3	
17.00-17.30	Fess in children <b>M. Katotomichelakis</b>	(GROUP A) Skull base, CSF Leak, PPF	
17.30-18.00	Skull Base Surgery in children <b>J. Constantinidis</b>	(GROUP B) Skull base, CSF Leak, PPF	



## Thessaloniki Rhino Days 2022

### FACULTY MEMBERS

#### INTERNATIONAL FACULTY

Hans Rudolf Briner

Elgan Davies

Peter Hellings

Bostjan Lanisnik

Philio Lekakis

Jose Carlos Neves

Alwyn D' Souza

#### LAB TEAM

Coordinator: Petros Karkos

Dimitrios Mourkas

Sotirios Themelis

Mina Kravvariti, RN

#### NATIONAL FACULTY

Aristeidis Chrysovergis

Jannis Constantinidis

Christos Georgalas

Evangelos Giotakis

Mihail Katotomichelakis

Petros Karkos

Iordanis Konstantinidis

George Mireas

Vasilios Nikolaidis

Vassilis Papanikolaou

Vasileios Pavlidelis

Emmanuel Prokopakis

Timoleon Terzis

Zinovia Tsinaslanidou



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Rhinologic Society  
Facial Plastic Surgery



## International Cadaver Courses May 26-29, 2022

### ORGANIZERS



**Hellenic Rhinologic Society –  
Facial Plastic Surgery**

Website: [www.hrs-fps.gr](http://www.hrs-fps.gr)



**1st Academic ENT Department of  
Aristotle University of Thessaloniki**

### P.C.O



FREI s.a.

Congress Organiser – Virtual Events – Corp. Meetings/Events – DMC

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